

The South Peak Loop

Route Guide Section 4

Middleton by Youlgreave (SK186 629) to Miller's Dale Station (SK142 733)

This section takes in the village of Over Haddon and the market town of Bakewell before crossing part of the Chatsworth estate then along the Monsal Trail to return to Miller's Dale station.

Approx 18 miles.

30. In centre of Middleton, turn left (signed to Newhaven and Ashbourne). After 800m, bear right (signed to Monyash) then right again at junction, towards Youlgreave and Alport. Where the road bends to the right, go straight ahead. At T junction go straight ahead to another junction. Turn right. Follow road past Moor Lane picnic site and continue downhill for about 2km towards Conksbury.

31. Near the bottom of the hill, go left through gate by a cattle grid and follow track downhill, past Meadow Place Grange, over the River Lathkill and uphill on minor road into Over Haddon.

32. In the village, take first right along main village street. Follow road as it bends left then, just after 'derestricted' signs, turn right down minor road. Follow this past Newclose Farm to T-junction. Turn left.

33. After 100m, look out for BW on right. Go through bridle gate and across a field, through another gate and onto a dirt track (Intake Lane). Continue to junction with the A6.

Note: there will be a new route that starts at the A6 crossing. Please check on our website for the latest news, new directions & maps. Prior to the opening of this new route please follow these temporary directions: NB The A6 is a busy trunk road. please take extreme care when crossing and riding along it.

34. Turn right and continue along the A6 for about 1km, then first left onto bridleway along a farm track for Haddon Hall Farm.

35. Cross the river and keep on the main track (ignoring bridleway off to the left). Follow uphill as far as the 'Private Farm Access' sign. Go through the bridleway gate on the right and follow field boundary uphill to another bridle gate. Through this and continue across fields, keeping to the boundary fence. Go through bridle gate at top of the field and follow a short path until it meets a farm access track. Follow this as it winds uphill past Bowling Green Farm.

36. At a 'T' junction of tracks, go left. At next 'T' junction of tracks, go ahead bearing slightly left onto bridleway through the woods. Follow bridleway through the woods and out onto Calton Pastures. Continue following bridleway across the open pasture land. Just beyond a small copse, the bridleways split. Take left hand one towards the woods. Go through gate into the woods. Follow bridleway through the woods and through another gate into Chatsworth Park.

37. Follow direction sign for bridleway downhill towards the road, bearing left just before you reach the road and go towards Edensor. Turn left through gate by the cattle grid and into Edensor Village. Follow the road through the village until it becomes a stoney track. Continue uphill on the track to junction with minor road.

38. Turn left towards Bakewell and follow the road steeply downhill to junction with Station Road. Turn right.

(We hope eventually that the bridleway through Ballcross woods will be repaired and safe to ride. Keep an eye on our website for up to date information.)

Go along Station Road until you see Bakewell Station Car Park on your right. Go through the car park and bear left onto the Monsal Trail.

39. Continue on the trail for 11.3k through the Headstone and Cressbrook Tunnels and over the iconic Monsal Dale Viaduct. You will experience some wonderful scenery before arriving back at Miller's Dale Car park.

Maps and route text are for guidance only. We strongly recommend that you also carry the Ordnance Survey Explorer Map OL24. Whilst every effort has been made to ensure all the information presented is accurate we cannot guarantee it is error free. In no event will any party involved in the making of this route guide be liable for any special, direct, indirect or consequential damages out of the use or inability to use this guide.